

# Watts Cooking And Watts For Sale



**BRUNSWICK  
ELECTRIC**   
Membership Corporation

A Touchstone Energy® Cooperative 

FOR THE MEMBERS OF BRUNSWICK EMC

FEBRUARY 2009

## Hearty Lentil Soup

- ½ lb sweet Italian sausage or turkey sausage, cut in bite-size pieces
- 1 large onion, chopped
- 1 stalk celery, finely chopped
- 1 Tbsp chopped garlic
- 1 (16 oz) pkg dry lentils, rinsed
- 1 cup carrots, chopped
- 8 cups water
- 2 (14 oz) cans chicken broth
- 1 (28 oz) can diced tomatoes
- 1 Tbsp garlic powder
- 1 Tbsp chopped fresh parsley
- 2 bay leaves
- ½ tsp dried oregano
- ¼ tsp dried thyme
- ¼ tsp dried basil
- 1 Tbsp salt, or to taste
- ½ tsp black pepper

Place sausage in a large pot, cook over medium heat until evenly brown. Add onion, celery and chopped garlic; saute until tender. Stir in lentils, carrot, water, chicken broth and tomatoes. Season with spices. Bring to a boil, then reduce heat. Cover and simmer for 2-1/2 to 3 hrs or until lentils are tender.

Sprinkle with parmesan cheese and serve with cornbread or crusty French bread. Even better the second and third day!



## Warm Homes, Warm Hearts

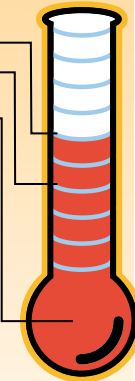
**UPDATE**

**GOAL  
\$50,000**

Amount so far—\$33,405  
BEMC Members—\$20,735  
BEMC Employees  
Kickoff—\$12,670

Winter isn't over yet! If you haven't yet contributed to the community heating assistance program, please do it today! BEMC challenged the community to raise \$50,000 and we will match it dollar-for-dollar. On Jan 12, when we went to press, the total raised was only \$33,405...we need your help to meet the goal and use all of the matching funds!

Visit [www.bemc.org](http://www.bemc.org) or any BEMC office for details



## Valentine's Day Frozen Chocolate Mousse for Two

- ½ c whipping cream (heavy)
- 1 Tbsp almond-flavored liqueur or Italian syrup (find near flavored coffees in the store)
- 2 Tbsp chocolate-flavor syrup
- Cocoa or fresh raspberries, if desired to garnish

Beat the whipping cream in a chilled small bowl until stiff with electric mixer on high speed. Fold in the liqueur or Italian syrup and the chocolate syrup. Spoon into two paper-lined foil cupcake liners. Cover and freeze at least 4 hrs (but not more than 48 hrs). Place

in refrigerator 15 minutes before serving. Sprinkle with cocoa or fresh raspberries if desired. Finishing touch: serve with elegant chocolate candies or special cookies.



## Safety Tip

### Electrical Safety at Work

- ▶ Clean up the clutter to give yourself space to work safely.
- ▶ Keep liquid away from all equipment connected to the electricity supply, and dispose of any old cups or cans that may be near your machine.
- ▶ Do not use unsafe equipment or poorly maintained appliances. Appliances should be UL-approved.
- ▶ Discard appliances with wires are showing or a frayed cord.
- ▶ When unplugging equipment, pull by the plug, NOT the cord.
- ▶ Do not overload electrical circuits.
- ▶ When clearing jams in office machines, do not insert fingers or metal objects into working parts.

WEBSITE: [www.bemc.org](http://www.bemc.org)  
E-MAIL: [info@bemc.org](mailto:info@bemc.org)  
OUTAGE REPORTING: 1-800-682-5309

**CUSTOMER SERVICE:**  
Toll Free: 1-800-842-5871  
Shallotte: 910-754-4391  
Southport/Oak Island: 910-457-9808  
Whiteville: 910-642-5011

Use the BPTs at these convenient locations to pay your electric bill or purchase energy for your PowerStat card:

**24 hrs a day / 7 days a week**  
**BEMC Headquarters:**  
795 Ocean Hwy W (Hwy 17), Supply  
**BEMC Oak Island Office:**  
4335 Southport-Supply Rd (Hwy 211)  
**BEMC Whiteville Office:**  
2228 New Britton Hwy E (Hwy130)

**NAKINA—Fowler's Supermarket**  
Hwy 904 / 6am-9pm Mon-Sat,  
9am-9pm Sun

**CHADBOURN—Hasty Mart**  
Hwy 410N / 24 hrs / 7 days

**WINNABOW—Handee Hugo**, 6170  
Ocean Hwy (Hwy17) / 6am-11pm / 7 days  
**SHALLOTTE—Scotchman** (next to  
Wendy's on Hwy 130) / 24 hrs / 7 days  
**SUNSET BEACH—Market Express**  
1798 Seaside Rd / 7am-10pm / 7 days

We're happy to provide this **FREE** service for BEMC members. **Please note the following:**

- FOR SALE ADS ONLY (no rentals, no items wanted, no commercial ads)
- ADS LIMITED TO THREE LINES (About 20 words), including telephone #
- We do not print email addresses or names.
- All ads run **ONE TIME ONLY, AS SPACE PERMITS** and are subject to editing.

- ONE AD PER MEMBER PER MONTH. NO REPEATS PLEASE!** May combine several items into one 3-line ad.
- Please print clearly and be sure to include your telephone number.
- See bottom of page for how to submit your ad.

FOR THE MEMBERS OF BRUNSWICK ELECTRIC MEMBERSHIP CORPORATION

**1BD/1BA SB Condo**, top floor, Seatrail, furnished, sleeps 4, \$229,000. 919-270-9665.

**Briggs & Stratton** push lawn mower, \$60; Picnic table, 2 benches, \$30; Canon printer, 842-4262.

**RCA Web tv**, \$50; email using tv, \$35; 7-in-1 casino game for tv, \$15. 846-3469.

**Rocker recliner**, swivel, black leather look w/ ottoman, \$60. 579-3825 or 910-209-1767.

**4000 Ford backhoe**, \$5500; 1948 8 N Ford w/scrape blade, \$3000; '88 Bayliner boat, 18' V6 i/o, \$2,000. OBO, 880-9073.

**3BD/2BA '98 Clayton**, furnished, porches, storage, Holden Beach area, 70x200 lot, \$98,500. 843-669-3544 or 843-468-0234.

**'00 Expedition EB**, 81K, leather, \$7,500. 278-1123. Mink stole, \$150. 579-2883.

**Dining table**, 6 chairs; bedroom set, 7 pieces; pool table; Ratan couch; full bed; loveseat; \$275 each; fridge, \$95; lg rocker, \$45. 201-4058.

**Color tvs**, 13", \$25; (2) 27", \$125 each; 3 pc, 48"x36" bone remodeling shower, \$275. 575-1004.

**'98 Ford Econoline 250 window van**, storage, ladder, racks, \$3000; Dayton gas heater, \$150; (3) 6'x10' mirrors for dance studio, \$300 OBO 842-6634.

**Lot**, 734 Pl Highgate SW, Ocean Ridge Plantation, \$175,000. 457-6935.

**Kenmore chest freezer**, 35"x26"x26", \$75 OBO; antique carnival wheels, \$200 firm, 443-398-4990.

**Super A Farmall tractor**, w/cultivators, \$3000. 840-2491.

**Cemetery plots**, four plots in Sunrise E, Oleander Memorial Gardens, Wilmington, \$3500 ea, 617-1865.

**'98 2x4 Magnum 425 Polaris**, automatic, liquid four stroke, 163 miles, \$2500. 646-4141.

**Treadmill**, w/digital programs, \$300; '08 Electric golf cart, street ready, \$6,500. 846-3094.

**Crest II Pontoon Boat**, 60 hp Evinrude engine, 25 ft. 3 seater with table & chairs. \$5,000. 278-6863.

**3BD/2BA mobile home**, Shallotte, 9x17 porch, 20x10x8 storage bldg, fenced backyard, partially furnished, 1/3 acre, \$78,900. 445-6182.

**John Deere LX 255** riding lawn mower, 48 inch mowing deck w/ mulching blades, runs great-no problems, \$800. 791-8873.

**3BD/2BA doublewide**, '98 on 1 1/2 lots, marsh view, close to Holden Beach, boat ramp access on ICW, \$79,900. 617-7792.

**'98 Audi A4**, black, tan leather interior standard transmission, loaded, 154K, \$3,800. 612-3850.

**'94 Chevrolet S10 truck**, with camper top, runs great, looks good, Supply, NC \$2,000 842-5952.

**2BD/2BA condo**, in Myrtle Beach, sleeps 8 July 4-11, 2009. 454-9312.

**'01 VW Jetta**, VR6 silver, \$7600; hunting stand \$50; antique secretary desk, \$800. 454-4133.

**Entertainment center**, white 49W x 45H \$50; web tv, w/ cordless keyboard \$50. 579-0799.

**2006 Cat Skid Steer**, with bucket; Freedom Fueler Biodiesel Processor; 10hp 220v water pump. 840-0711.

**'08 Trailer**, 7'x16' Franklin encl full rear ramp, white, tandem 15" elec brakes 4500lbs cap, \$3,985. 579-3308.

**Craftsman 10" table saw**, \$125. 253-5895.

**Chest of drawers**, (2) solid wood \$50 ea; (2) Ethan Allen w/bookcase hutch \$300. 383-2158.

**Lift chair**, blue, \$75.00; Commerical singer sewing machine w/ 5ft. table, \$75. 653-9315.

**'01 Honda Shadow motorcycle**, 1100cc, black. no rust, Cobra pipes, bags & windshield, new rear tire & brakes, \$5000. OBO. 443-1004.

**Sorrel Gelding** 15 yrs horse, great easy keeper, good and calm riding, \$1200. 642-3545 after 5 pm.

**3BD/2BA Beautiful Cape Cod**, OIB, FROG, split floor plan, hardwoods, ceramic tile, large porches, breathtaking stone fireplace, \$349,000. 620-4848.

**Shallotte river front home**, custom built in 2007, 3,200 sq ft, full basement, lot 75x200, indoor pool, \$599,000. 520-3839.

**Farm equipment**, 4 row International air planters, \$3,800; 4-row vibershank cultivators, \$1,500; grain wagon, \$200. 910-521-4148.

**Oak Dining set** w/6 Windsor chairs, ceramic tile top w/leaf, China hutch and tile top buffet, \$1200. OBO. 575-7215.

**Timeshare**, Vacation Resorts Inter, New Bern, NC, 2 weeks, red, buy 1 week, get the other free, 865-4407.

**10 pc dinette set**, oblong glass top table, 6 chairs, 3 bar stools, white, \$500. 287-4586.

**'97 Lincoln Town car**, 118K, leather, sun roof, power seats & windows, recently inspected, well cared for. \$2000. 575-8479.

**Hartmann leather briefcase**, 18"x13"x4", new \$795, sell \$225 firm, 575-4414.

**Classic 69 Z-28 Camaro Clone**, newly restored 350-4 speed w/console gauge pack, show winner, Viper Red, Black Stripes. Have pics. \$33,000. 914-582-2334.

**Treadmill**, Pro-Form 525, power incline, folds up to save space, digital control panel, \$75 OBO. 287-4868.

**'95 Ford F-150**, 4wd, 20k miles on motor, 30k miles on transmission, have receipts, \$3,900. 770-1056.

**'98 Ameri-lite 5th Wheel camper**, by Gulf Stream, 21' long x 9'wide, self-contained, \$5,500. 754-9086.

**Pecans**, the best cracking & shelling, 840-0852.

**23' Wellcroft**, 30 hours on motor, 4 yr warranty on 200 hp, \$17,995. 278-1123.

**4BD/3BA cottage**, Oceanfront, 136 E. 1st St, OIB, tasteful coast décor, over \$40K rental income '08, rebuildable lot, \$995,000. 264-3610.

**White Wicker** glass topped dining table, extra leaf, 8 chairs, blue & yellow cushions. \$200 firm, 294-2555.

**'95 Lincoln Town Car**, \$3,500; 6x12 utility trailer, new tires, \$800; 20' Proline boat w/'99 Yamaha motor, aluminum trailer, \$6,500. 842-7625 or 228-2591.

**Water Dispenser**, "GE Smart Water" - hot & cold - counter top - clean. \$40. 579-5239.

**'08 Honda Rebel**, black, very low mileage, great starter bike, \$2900. 579-9577.

**Cherry dining table**, 6 chairs, \$395 OBO; engraved Krieghoff O/U, 30" w/chokes, \$2,975; Browning pump, 12 gauge, NIB, \$450. 367-9129.

**Blue Green Resorts**, Myrtle Beach deeded property, 12,000 points. \$3,500. 399-1031.

**'05 Toyota Tundra**, 67,000 miles, white, long bed- \$5500; '07 Toyota Tundra SR5, off road tow package; 46,000 miles, \$16,000. 843-249-8349.

**'07 Winnebago Adventurer**, 38', 2 slides, low mileage, gas. 754-2455.

**Pool table**, 10 sticks, balls, rack, leather pocket, tiffany light, \$550; Rifle, Ruger 270, 3x9, 40 scope, \$500; Plow, 1 horse turn blade, restored, \$100. 640-7431.

**CKC Boxer puppies**, ready 5 Feb just in time for Valentine's Day, \$300 each. 642-4725.

**Sofa and Loveseat**, by Klausner, \$325. 755-3446.

**Ab Lounge**, XL like seen on tv, paid \$300, \$100 OBO. 842-1882 or 880-1028.

**Thomasville Dining Room Set**, 6 chairs with matching hutch/china closet. Best offer takes it 383 2169.



Tips to help you save \$ and energy

### Saving Energy in the Laundry Room:

- ▶ Wash with cold water instead of hot. (Use hot water only for very dirty loads.)
- ▶ Wash and dry only full loads
- ▶ Separate your laundry into loads of slow and fast-drying items
- ▶ Clean the lint filter after every load
- ▶ Check your outside dryer exhaust vent to be sure it opens and closes freely. If it doesn't close tightly, outside air is getting into your house and you need to replace the vent.
- ▶ Cut down on drying time if your clothes constantly come out wrinkled. That means you're overdrying. (Some machines have a moisture sensor that automatically shuts off the machine when clothes are dry.)
- ▶ In good weather, dry clothes outside. Sunlight is free!
- ▶ If replacing a washer or dryer, go for an EnergyStar® model.

### Better Manage your Utility Bills with Equalized Billing

Would you like to know in advance what your utility bill is, regardless of how cold or hot it may be?

Our Equalized Billing program evens out the seasonal variations in your electric bill so that you pay a standard amount each month. There is no charge for this program and it may be set up as an automatic draft from your bank account or credit card, be paid each month by credit card authorization by telephone, or be paid by mail or in person. **Call us at 800-842-5871 to learn more.**

HOW TO SUBMIT YOUR AD

SEE TOP FOR RULES. ADS MUST BE RECEIVED AT BEMC BY THE 10TH OF THE MONTH for inclusion in the next month's issue. SEND TO: BEMC, ATTN Watts for Sale, PO Box 826, Shallotte NC 28459, FAX 910-755-4299 OR email to: [watts4sale@bemc.org](mailto:watts4sale@bemc.org).

Please include your BEMC account number or address. Each issue starts mailing around the 26th of the prior month (i.e., Jan. issue starts mailing on 12/26 thru 1/23). Each issue is also posted on [www.bemc.org](http://www.bemc.org) (What's New page) around the 26th of the month prior. Copies are also available in BEMC offices.